



Fuel the Body
Fuel the Soul

Great Granola



PREP TIME
10 MINUTES



BAKE TIME
30 MINUTES



YIELD
ABOUT 6 CUPS

Ingredients:

3 cups rolled oats	1/4 cup brown sugar
1 cup oat bran	1/4 cup water
1/4 cup ground flax seed	1 tsp vanilla extract
1 cup blanched almonds	1 tsp cinnamon
1/2 cup honey	1/4 tsp salt
1/4 cup olive oil	3/4 cup dried fruit

Procedure:

1. Preheat oven to 300°F.
2. Combine oats, bran, flax and almonds in a large bowl.
3. In a pot over medium-low heat, combine the honey, oil, sugar, water, vanilla, cinnamon and salt, stirring often.
4. When bubbly (about 5 mins), pour over the oat mix. Mix well.
5. Spread on two rimmed baking sheets. Bake for 30 mins, stirring every 10 mins.
6. For the final 10 mins, stir in dried fruit.
7. Enjoy!



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